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Message from the President & Executive Director

The year 2018 was a very good one for The Family Restored as we:

- provided $151,694 in scholarships to 116 individuals seeking treatment for addiction,
- conducted our most successful Annual Memorial 5K Run/Walk in Dorchester
- opened Oak House, a non-profit sober living home for women
- hired our first full-time employee (executive director)
- moved our office to Pine Tree Detox where we can collaborate with peer agencies
- wrote our first Annual Report

This very successful year was made possible by the generosity and support of individuals, families, businesses, corporations and foundations who believe, as we do, that “recovery is possible.” Without you, we could not help strengthen families and individuals affected by addiction.

While there is greater public acknowledgement and recognition of addiction as a disease of the brain and not a moral failing, we still have many miles to travel to diminish the stigma and improve access to care. We were pleased to have provided $151,694 in treatment and/or sober living scholarships to 116 individuals this past year, but it is not enough. We have a budget that allows us to assist about 10 people every month, but it also causes us to turn away 20 or more applicants in need. As we move forward in 2019, our dedicated and passionate board of directors plans to expand our fundraising so no one in need of care will be turned away.

An ancient Chinese proverb, adopted by The Christophers, a Catholic organization, says “It is better to light one candle than to curse the darkness.” The Christophers’ mission is to encourage people of all ages, and from all walks of life, to use their God-given talents to make a positive difference in the world. That is what we strive to do here at The Family Restored – make a positive difference in the world of addiction. With your support in 2019, we will continue to do so. Thank you for being part of our family.

Karen Walsh  
Board President

Tom Mahoney  
Executive Director
Volunteers

Addict in the Family Meeting Facilitators

Current Facilitators

<table>
<thead>
<tr>
<th>Portland, ME</th>
<th>Milton, MA</th>
<th>Concord, NH</th>
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<tbody>
<tr>
<td>Jason Adamo</td>
<td>Brenna Sullivan</td>
<td>Steven Norton</td>
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<td>Brittney Evans</td>
<td>John McDonough</td>
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<td>Eric Girard</td>
<td>Stonyam, MA</td>
<td>Essex Junction, VT</td>
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<td>William Atamian</td>
<td>Courtney Carleo</td>
<td>Lindsay Duford</td>
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<td>Lenny Smith</td>
<td>Jimmy Castrucci</td>
<td>Megan Kirby</td>
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<td>Tess Parks</td>
<td>Duxbury, MA</td>
<td>Corey Owen</td>
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<td></td>
<td>JP Kenn</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Vanessa Falcone</td>
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Previous Facilitators

| Abby Dugas                          | Jon Cross                    |
| Cory Gys                            | Ryan O'Connor                |
| Eddie McGrath                       | Sheila McDonough             |
| Greg Smola                          | Mitch Connolly               |
| Jade Mercier                        | Ashley Hargadon              |
| Tamarah Rapiocoli                   | Debralee Cartolano           |

Scholarship Committee

| Mike Boyd                          | Brittany Fearon             |
| Jeremy Hughes                      | Jillian Amonte              |
What We Do

Addict in the Family Support Group

Addict in the Family is an interactive and educational support group for families coping with a loved one’s addiction. Family members have the opportunity to ask questions, discuss their concerns, and build community with other families in a supportive and non-judgmental environment. Meetings are facilitated by recovered addicts who provide a unique and insightful first-hand account of addiction. They provide an honest perspective on how to approach addiction and strive to inspire hope.

Advocacy

- We aim to alter public and professional attitudes toward addiction recovery
- We advocate for meaningful representation and are the voice for people in recovery and their families at local and state policy levels on issues that affect their lives. We educate the public, policymakers, and service providers about the prevalence and possibility of addiction recovery.
- We celebrate recovery from addiction through public recovery celebration events (e.g., marches, rallies, concerts) that offer living proof of the transformative power of recovery.

Education

We have a speaker’s bureau that can provide community education, information and resources on matters relating to addiction and its impact on individuals, families and the community. We promote the understanding that addiction is a disease and recovery is possible. One of our roles is to be a resource hub. Through our website, families find information about addiction services and locate other community resources.
To schedule a speaker, call 207-808-7480 or email us: info@thefamilyrestored.org

12-Step Workshops Cumberland County Jail (CCJ)

The Family Restored CCJ Big Book Workshop is a series of 12-step Big Book classes led by volunteers from the 12-step community. The objective is to take inmates through the first 5½ chapters of the book Alcoholics Anonymous and into writing their fourth step.

Scholarships for Treatment and Recovery Housing

TFR established a scholarship program to help families pay for treatment and/or recovery housing. To see if you qualify for a scholarship and to obtain a scholarship application, go to our website: www.thefamilyrestored.org and click on ”Our Services,” then click on Find Treatment.

Women’s Sober Living - Oak House

The Family Restored opened the first non-profit recovery home for women struggling with substance use in greater Portland. The home provides a safe and welcoming transitional living environment for women coming out of treatment who are seeking healthy and supportive conditions to sustain their recovery. One of our primary goals for launching this project is to give women, particularly those who are indigent or have been incarcerated, an opportunity to access quality care and support they would not otherwise receive. Oak House, which accommodates 8 women, has a house manager and senior resident who provide support, guidance and direction to residents. The two staff assist the residents in getting acclimated to the recovery community bringing them to meetings and recovery centers, helping with job searches and being available for emotional support.
### List of Donors and Supporters

#### Main Sponsors & Collaborators
- Town and Country Federal Credit Union
- Segreve & Hall Insurance Associates
- South Portland House of Pizza
- Groom Construction
- Northeast Bank
- The Plymouth House
- The Koocher Family
- The Harrington Family
- Portland Recovery Community Center
- Serenity at Summit New England
- Chestnut Street Sober Living
- Immersion Recovery Center
- Michael’s House
- The Lunder Foundation
- Moira Tierney & Associates Law Office
- Arcana Healing Arts
- Whitman Knights of Columbus
- Zack’s Team
- Complete Labor and Staffing

#### Sober Houses
- Portland Sober Living
- HOW House
- Oxford House
- Beacon Recovery Services
- Grace House
- Washington Ave Sober Living
- Atlantic House
- Zack’s House
- Steve’s Place
- Providence Place Sober Living
- Rockland Recovery House
- Chestnut Street Sober Living

#### Treatment & Detox Centers
- Crossroads
- Immersion Recovery Center
- Pine Tree Recovery Center
- Guardian Recovery Network
- Brook Recovery Centers
Financial Highlights

Revenue

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<th>Source</th>
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<td>Donations</td>
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<td>Fundraising</td>
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Expenses

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<td>Sober House</td>
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<td>Scholarships</td>
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<td>Programs</td>
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<td>Administration</td>
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<td><strong>Total Expenses</strong></td>
<td><strong>$289,048</strong></td>
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Event Pictures

5th Annual Silent Auction Fundraiser
1st Annual Softball Summer Classic
Oak House Women's Sober Living Open House
5th Annual Memorial 5K Walk/Run
Upcoming Events

Big Book Workshop for Families:

March 16-17
Portland, ME

For more information contact:
julia@thefamilyrestored.org

6th Annual Silent Auction:

June 2
Congregation Bet Ha'am, Portland, ME

For more information contact:
mike@thefamilyrestored.org
brittney@thefamilyrestored.org
karen@thefamilyrestored.org
Contact Us

Address:  17 Bishop Street
          Suite 202
          Portland, ME 04103

Phone:   207-808-7480

Website: www.thefamilyrestored.org

Staff:    Tom Mahoney, Executive Director
          Brittney Evans, Administrative Coordinator
          Mike O'Connell, Scholarship Coordinator - Men
          Tiffany Sewatsy -Scholarship Coordinator - Women

Board of Directors:
          Karen Walsh, President
          Todd Grove, Vice President
          John Buro, Treasurer
          Linda Drukman
          Eric Girard, Scholarships
          Julia Whyel, Secretary

Advisory Council:
          Eddie McGrath
          Cheryl Hall
          Don Harrington
          Rosemarie Sirois
          John Paul Kenn
          Susan Lacy
          Shelia McDonough