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2019 Highlights

2019 was our most impactful year yet! Thanks to your overwhelming commitment and support, The Family Restored was able to expand upon our programs and help more people than ever before. Here is a recap of our work and accomplishments this past year:

**Treatment Scholarship Program:**
- Our scholarship program provided $136,350 in treatment and sober living scholarships to 119 individuals in 2019.
- Surpassed a total 400 individuals since 2014.

**The Family Restored Support Group:**
- 500 people attend our 8 meetings across New England monthly
- Acquired $15,000 grant through Coastal Healthy Communities Coalition and University of New England to launch a new meeting in Kennebunk, ME.
- Conducted meeting survey - 95% of those who attend would “recommend the meetings to any family dealing with addiction.”

**Family 12-Step Workshop:**
- We held two 12-step weekend workshops attended by 13 family members bringing them through the first 5 chapters of the AA Big Book.

**Education Restored:**
- TFR partnered with Southern Maine Community College and University of Southern Maine to host our first panel discussion on ways those in recovery can better access a higher level of education.

**Oak House:**
- Our recovery residence for women has successfully provided structured sober living to 35 women in Portland, ME.
- Oak House received certification with the Maine Association of Recovery Residences.

**Cumberland County Jail Step Workshops:**
- Held 12-step workshops for both men and women incarcerated at CCJ, introducing 35 individuals to the 12-step process.

**Fundraising & Donations:**
- Our Annual Silent Auction, Memorial 5K, and Softball Tournament were the most successful to date.
- $308,212 raised through fundraising and individual donations.
Facilitators

The Family Restored Support Group Facilitators

### Current Facilitators

<table>
<thead>
<tr>
<th>Portland, ME</th>
<th>Duxbury, MA</th>
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<tbody>
<tr>
<td>Jason Adamo</td>
<td>JP Kenn</td>
</tr>
<tr>
<td>Brittany Fearon</td>
<td>Vanessa Falcone</td>
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<tr>
<td>Mike Boyd</td>
<td>Pat McGrail</td>
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<tr>
<td>William Atamian</td>
<td>Ernie Vega</td>
</tr>
<tr>
<td>Lenny Smith</td>
<td>Sarah O'Brien</td>
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<tr>
<td>Tess Parks</td>
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<thead>
<tr>
<th>Kennebunk, ME</th>
<th>Milton, MA</th>
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<tr>
<td>Eric Girard</td>
<td>Pat McGrail</td>
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<tr>
<td>Brittney Evans</td>
<td>Ernie Vega</td>
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<tr>
<td>Chris Treantos</td>
<td>Sarah O'Brien</td>
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<thead>
<tr>
<th>Essex Junction, VT</th>
<th>Stoneham, MA</th>
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<tbody>
<tr>
<td>Lindsay Duford</td>
<td>Courtney Carleo</td>
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<tr>
<td>Megan Kirby</td>
<td>Jimmy Castrucci</td>
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<tr>
<td>Corey Owen</td>
<td>Debralee Cartolano</td>
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<td>Andrew Juhasz</td>
<td>Darrell Mirrione</td>
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<th>Concord, NH</th>
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<tr>
<td>Zachary Leonard</td>
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### Previous Facilitators

- Steve Norton
Committees

Scholarship Committee
Chair: Eric Girard
Mike Boyd, Jeremy Hughes
Steve Butler, Molly Kelly
Jillian Comeau, Michael O'Connell
Brittney Evans, Tiffany Sewatsky
Brittany Fearon, Katie Taylor
Matt Harrington, Ross Thompson

Silent Auction Committee
Chairs: Brittney Evans, Karen Walsh, Mike O'Connell
Jason Adamo, Todd Grove
William Atamian, Sue Leighton
Brittany Fearon, Jeff Leighton
Eric Girard, Anna Parker
Mary Grove, Chris Treantos

Softball Classic Committee
Chairs: Ethan Grove, Dave Nealley, Erik Petersen
Brittney Evans, Matt Leighton
Eric Girard, Lindsay Picano
Todd Grove, Rachel Solomon
Rachel Hunt, Chris Treantos

Memorial 5k Committee
Chairs: Mike O'Connell, Eddie McGrath
Katie Cunningham, Katie
Brittney Evans, Brittney
Fearn
Eric Girard

CCJ Committee
Chair: Linda Drukman
Julie Barrett, Jimmy Crehan
John Buro, Sarah O'Donnell
Dillon Brabants, Julia Whyel
Jimmy Crehan

Family Support Group Committee
Chair: Karen Walsh
Jason Adamo, Mary Grove
Brittney Evans, Don Harrington
Eric Girard

Fundraising Committee
Chairs: Karen Walsh, Todd Grove

Advisory Council
Cheryl Hall, Eddie McGrath
Don Harrington, Shelia McDonough
JP Kenn, Rosemarie Sirios
Susan Lacy

12-Step Workshop
Chair: Julia Whyel
What We Do

The Family Restored Support Group

The Family Support Group is an interactive and educational support group for families coping with a loved one’s addiction. Family members have the opportunity to ask questions, discuss their concerns, and build community with other families in a supportive and non-judgmental environment. Meetings are facilitated by people in recovery who provide a unique and insightful first-hand account of addiction. They provide an honest perspective on how to approach addiction and strive to inspire hope.

Scholarships for Treatment and Recovery Housing

TFR established a scholarship program to help families pay for treatment and/or recovery housing. To see if you qualify for a scholarship and to obtain a scholarship application, go to our website: www.thefamilyrestored.org and click on "Our Services," then click on Find Treatment.

Women’s Sober Living - Oak House

The Family Restored opened a non-profit recovery home for women struggling with addiction in greater Portland. The home provides a safe and welcoming transitional living environment for women who are seeking healthy and supportive conditions to sustain their recovery. Oak House believes in 12-step focused recovery and offers daily structure, support and accountability. The facility accommodates 8 women, including two live-in house managers who provide guidance and direction to its residents. Residents are assisted in getting acclimated to the recovery community, gaining access to community resources and establishing employment. For more information or to inquire about availability, call (207) 200-1117.
12-Step Workshops Cumberland County Jail (CCJ)

The Family Restored CCJ Big Book Workshop is a series of 12-step Big Book classes led by volunteers from the 12-step community. The objective is to take inmates through the first 5½ chapters of the book Alcoholics Anonymous and into writing their fourth step.

Education

We have a speaker’s bureau that can provide community education, information and resources on matters relating to addiction and its impact on individuals, families and the community. We promote the understanding that addiction is a disease and recovery is possible. One of our roles is to be a resource hub. Through our website, families find information about addiction services and locate other community resources. To schedule a speaker, call 207-808-7480 or email us: info@thefamilyrestored.org

Advocacy

- We aim to alter public and professional attitudes toward addiction recovery
- We advocate for meaningful representation and are the voice for people in recovery and their families at local and state policy levels on issues that affect their lives. We educate the public, policymakers, and service providers about the prevalence and possibility of addiction recovery.
List of Donors and Treatment Partners

Main Sponsors & Collaborators
- Segreve & Hall Insurance Associates
- South Portland House of Pizza
- Groom Construction
- Northeast Bank
- The Plymouth House
- The Koocher Family
- The Harrington Family
- Portland Recovery Community Center
- Serenity at Summit New England
- Saco Biddeford Savings

Florence Electric
The Cummings Foundation
Moira Tierney & Associates Law Office
Whitman Knights of Columbus
Coastal Healthy Communities Coalition
University of New England
Kennebunk Savings Bank
Kennebunk Police Department
Chief Bob Mackenzie
Kate and Arlen Murphy

Sober Houses
- Portland Sober Living
- HOW House
- Oxford House
- Beacon Recovery Services
- Grace House
- Washington Ave Sober Living
- Aletheia House
- Without Limits Recovery
- Ocean House Sober Living
- Wenham House

Atlantic House
Michael's House
Zack's House
Steve’s Place
Providence Place Sober Living
Rockland Recovery House
Chestnut Street Sober Living
The Landing Recovery Home
Unity House
Observatory Sober Living

Treatment & Detox Centers
- Immersion Recovery Center
- Pine Tree Recovery Center
- Guardian Recovery Network
- Brook Recovery Centers
- Providence Retreat
- The Plymouth House
Financial Highlights

Revenue

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<tr>
<th>Source</th>
<th>Amount</th>
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<td>Donations</td>
<td>$94,173</td>
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<td>Fundraising</td>
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<td>Sober House</td>
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<td>Grants</td>
<td>$28,000</td>
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<td>Management Fees</td>
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<td>Interest on Bank Account</td>
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<td><strong>Total Revenue</strong></td>
<td><strong>$405,324</strong></td>
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Expenses

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<td>Fundraising</td>
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<td>Sober House</td>
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<td>Scholarships</td>
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<td>Programs</td>
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<td>Administration</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$346,664</strong></td>
</tr>
</tbody>
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Event Pictures

6th Annual Silent Auction Fundraiser
2nd Annual Softball Summer Classic
6th Annual Memorial 5K Walk/Run
Upcoming 2020 Events

Big Book Workshop for Families:
April 4-5
Portland, ME
For more information contact: julia@thefamilyrestored.org

7th Annual Silent Auction:
June 7th
Congregation Bet Ha’am, Portland, ME
For more information contact:
mike@thefamilyrestored.org
brittney@thefamilyrestored.org
karen@thefamilyrestored.org

3rd Annual Softball Summer Classic
August, Date TBD
Portland, ME

7th Memorial 5k Walk/Run
September, Date TBD
Dorchester, MA
Contact Us

Address: 17 Bishop Street
           Suite 202
           Portland, ME 04103

Phone: 207-808-7480

Website: www.thefamilyrestored.org

Staff: Eric Girard, Executive Director
       Brittney Evans, Administrative Coordinator
       Mike O'Connell, Scholarship Coordinator - Men
       Tiffany Sewatsy, Scholarship Coordinator - Women
       Kerry MacDonald, Oak House Director
       Anna Parker, Oak House Director
       Sarah O'Donnell, Oak House Director

Board of Directors:

Karen Walsh, President
Todd Grove, Vice President
Stan Gavitt, Treasurer
Julia Whyel, Secretary
Linda Drukman
John Buro
Don Harrington