



ANNUAL REPORT 2023



thefamilyrestored.org
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631 Stevens Ave, Suite 205
Portland, Maine 04103



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207-387-0015



The Family Restored is working to strengthen and support families affected by addiction. From our weekly family support groups to treatment scholarships for their loved ones, we consistently center families and their needs.

EXECUTIVE DIRECTOR'S MESSAGE

As we reflect on 2023, we are filled with an overwhelming sense of gratitude for what we have accomplished in our 10th year together at The Family Restored. At the core of our mission lies a commitment to prioritizing individuals and their families grappling with the challenges of addiction. Grounded in our firm belief in the spiritual transformation found through the 12-Steps, we continue to guide families toward a path of hope and recovery.

We remain steadfast in our desire to fill the gaps in treatment funding and remove financial barriers for those seeking 12-Step focused recovery housing. We are honored to have reached a remarkable milestone in our Treatment Scholarship Program this year, surpassing over \$1 million in scholarship funds to over 800 individuals seeking recovery. It is in collaboration with our 12-Step focused treatment partners and the generosity of our donors that we are able to continue offering such a vital resource to those so desperately in need in our community.

We also launched several new pilot programs including our Peer Family Coach Program, 12-Step Program, Grief Support Group, and Personal Enrichment Scholarship Program. These initiatives have provided crucial support and resources to those in need, empowering them to navigate their journey towards healing and recovery. As we continue to strengthen and expand these programs, we eagerly anticipate the positive impact they will have in the years ahead.

One of the most fulfilling aspects of our work is witnessing the tangible difference we are making in the lives of individuals and families across our community. Whether you are a donor, volunteer, partner organization, or member of our extended community, your contributions have played a crucial role in our success. Collectively, we are making a meaningful and lasting impact on the lives of those affected by addiction.

We are filled with optimism and excitement for the future of The Family Restored. With a continued focus on advancing our mission of strengthening and supporting families affected by addiction, we aspire to lead the way in fortifying the recovery community and uniting families.

Let us continue to walk this journey together as we strive to make a lasting difference in the lives of those we serve.

With heartfelt appreciation,

Eric Girard & The Family Restored Team



Believing recovery is possible, our mission is to strengthen and support families affected by addiction.

2023 AT A GLANCE

FAMILY PROGRAMMING

13 Family Members attended our annual family retreat

28 Family Members have attended our 12 Step Workshops for affected others

18 Family Members * have attended our Peer Grief Support Groups



125 Family Members

attend our weekly Family Support Groups

* **11 TRAINED FAMILY PEER COACHES** have provided **31 FAMILY MEMBERS** with **163 HOURS** of direct 1-on-1 coaching



11 Family Support Groups

occur weekly in Maine, Massachusetts, New Hampshire, Vermont and virtually

RECOVERY PROGRAMMING

MORE THAN

\$140,000 in treatment and recovery housing scholarships

has been provided to **116** individuals seeking recovery



32 People Have been taken through the steps at our 12 Step Program *

24 People Have benefitted from our Personal Enrichment Program *



Guests have stayed at our men's sober living residence - **Portland Sober Living**

EDUCATION AND OUTREACH



5 educational Workshops educating attendees about effective family support

* indicates a program that piloted in 2023

VOLUNTEERS

FAMILY SUPPORT GROUP FACILITATORS

Falmouth, Maine: Amy Donahue, Matt Leighton & Kevin Grace

Portland, Maine: Jason Adamo, Ashley Dacey, Molly Kelly, Noreen McNamara

South Portland, Maine: Mike Boland, Tracey DiPietro, Billy See, Sean McNulty

Concord, New Hampshire: Cam Powers, Geno Richards, Ryan Salvaggi, Kerry Andrek, Natasha Bowden

Duxbury, Massachusetts: JP Kenn, Vanessa Falcone

Milton, Massachusetts: Ernie Vega, Sarah O'Brien, Derek Kenney

Stoneham, Massachusetts: Jessica Beets, Courtney Carleo, Ben Coffin, Katelyn Briggs

Essex Junction, Vermont: Lindsay Duford, Corey Owen, Andrew Juhasz, Meghan Kirby

Virtual: Kai Bry, Matt Emkey, Brian Keegan, Cole Carey, Shane Salvaneli, Kaylynn Perkins, Jake Genereux, Will Atamian, Paige Ahrens, Madison Weymouth, Ann-Marie McClintock

COMMITTEE MEMBERS

Scholarship Committee: Cherie Garrison, Steve Hardy, Kaytie Haverty, Slade Maul, Molly McClure, Alexandra Scott, John Scanlon, Eric Smith, Kara Shamsi, Dan Spencer

Spring Fundraiser Committee: Don Harrington, Jini Harrington, Karen Packhem, Rick Stewart, Jennifer Powers, Michael O'Connell, Karen Walsh

Softball Summer Classic Committee: Courtney McGrane, Mike Boland, Erik Petersen, Ethan Grove, Dan Spencer, Bella Nelson

Memorial Walk Committee: Don Harrington, Jini Harrington, Michael O'Connell, Ben Coffin, Karen Walsh, Margaret Sleeper

Community Appreciation Event: Don Harrington, Marissa Richardson, Josh Leonard

Family Support Group Committee: Karen Walsh, Jason Adamo, Will Atamian, Courtney Carleo, Ben Coffin, Marissa Dodge, Mary Grove, Don Harrington

Personal Enrichment Committee: Jini Harrington, Linda Drukman, Karen Walsh, Courtney Carleo, Todd Grove



WHAT WE DO

Believing recovery is possible, our mission is to strengthen and support families affected by addiction.

FAMILY PROGRAMMING

The Family Restored Support Groups

The Family Support Group is an interactive and educational support group for families coping with a loved one's addiction. Family members have the opportunity to ask questions, discuss their concerns, and build community with other families in a supportive and non-judgmental environment. Meetings are facilitated by people in recovery who provide a unique and insightful first-hand account of addiction. They provide an honest perspective on how to approach addiction and strive to inspire hope. This year, The Family Restored has partnered with The Sun Will Rise Foundation to offer grief support groups to anyone who has experienced the death of a loved one due to substance use (drug/alcohol) or overdose.

“Attending TFR family support groups provided us with a safe place to share our fears without any judgement as well as knowing that everyone present could relate to our story. Beyond that we learned how to take care of ourselves, that we couldn't control our loved one's behavior and most importantly, how to set boundaries and separate ourselves from their chaos. Nothing about it was easy but there was support every step of the way.

12 Step Workshops for Family Members

TFR offers intensive step workshops where families are taken through the Big Book of Alcoholics Anonymous by people in recovery and begin the process of writing their 4th step inventory. The purpose of this workshop is to guide families through their own spiritual work, providing them with their own experience in the 12 steps.



Family Retreats

We believe that helping families create bonds with other families is paramount to their recovery. Our family retreats allow family members to spend positive time together, practice self care by taking a weekend for themselves in a supportive environment, and re-learn who they are independent of their loved one.

Family Peer Coaching

We aim to give family members support in becoming empowered to make their own wellness a priority. We believe that in supporting the entire family unit, recovery is possible.

This program matches family members who are seeking support with a peer coach who will work with them one-on-one. We provide the training program for family members who are interested in becoming a peer coach, and supervision and continued training is offered for coaches over the course of their commitment. The role of a peer coach is to support a family member in their own recovery path, goals and wellness plan.

“She generously shared recovery terminology and methodology that I plan to incorporate into my relationship with him. She helped me through a traumatic time in which I felt desperate for guidance. There was never an ounce of judgment. I am most grateful.

RECOVERY PROGRAMMING

Scholarships for Treatment and Recovery Housing

“ You have given me the chance to live again. I have so much love and appreciation for TFR. When I moved up here I was homeless, I needed and wanted the structure and guidance sober living has to offer. Thank you for assisting me with finding recovery and entering this next chapter of my life.

The Family Restored scholarship program was founded to provide housing and treatment opportunities for those seeking 12-step, abstinence-based treatment. Secure, stable housing remains one of the biggest barriers to recovery, especially for people who choose a pathway of 12-step, abstinence-based treatment, which traditional insurance does not always cover.

In 2023 TFR awarded \$146,781 in scholarships to 116 individuals seeking recovery.

12 Step Program

The Family Restored is offering a free resource to the community to help recovery newcomers get through the first chapters of the book of Alcoholics Anonymous and prepared to write a 4th step in a timely manner. Through our own experiences in recovery, we know that going through the steps outside of inpatient treatment can be a time consuming process. We believe the sooner someone can begin the work, the better off they are in early recovery.

All new residents, community members, those looking for a refresher or those preparing to sponsor are welcome. This program takes place in our office in Stevens Square Community Center and is led by staff and volunteers. After the two weeks of groups, there is availability for inventory check-in as needed.

Portland Sober Living

Portland Sober Living has earned a reputation of providing over 6 years of high quality, 12-Step focused recovery housing in Portland, Maine. PSL is a 10-bed facility that offers structure and accountability to help motivate residents to grow towards their personal and recovery goals. We emphasize mental, physical, and spiritual transformation through a 12-Step experience in order to achieve a fulfilled, long-lasting life in recovery.



Personal Enrichment Scholarships

The Family Restored is offering Personal Enrichment Scholarships, specially designed for individuals in recovery. Our aim is to support people in early recovery on their journey to rediscovering themselves after addiction.

Whether it's enhancing professional skills or nurturing personal growth through hobbies and education, we believe these opportunities contribute to a fulfilling life and long-term success in recovery

“ Thank you so much for giving me the opportunity to continue my journey in becoming a yoga teacher. Yoga continues to take me to places of spiritual peace. I want to be able to share this light with others. My yoga teacher is in recovery and she is an inspiration for me. This scholarship is supporting her and I as we continue working the steps and learning about ourselves on the mat.

MAJOR DONORS & TREATMENT PARTNERS

MAIN SPONSORS & COMMUNITY PARTNERS

Allison Webb
An Angel's Wing
The Art of Self Worth
Bath Rotary Club
Bear Rock Adventures
Casco Bay Recovery
Coastal Healthy Communities Coalition
The Cummings Foundation
Daniel Smith
Don Foshay's Tires and Alignment
Eastpoint Christian Church
Celia Lipton Farris & Victor F. Farris Foundation
Eileen & Austin Farrar
Falmouth Rotary Club
The Gentilcore Family
Groom Construction
The Grove Family
The Harrington Family
Heather Durgin Photo
Jamie Rose Creative
Journey Magazine
The Kanaga Family
Kennebunk Police Department
The Koocher Family
Macka's Mission

Maine Association of Recovery Residences
Maine Celtics
Maine Community Foundation
Mary Grove Coaching
Midcoast Hospital
Pequawket Valley Health Initiative
The Plymouth House
Portland Elks Lodge No. 188
Portland Pie Co.
Portland Public Health Department
Portland Recovery Community Center
The Reali Family
Rebecca Gonzales, C.P.A.
Ricky Inc.
Saco Biddeford Savings
Sacopee Valley Health Center
Sam L. Cohen Foundation
South Portland/Cape Elizabeth Rotary Club
Structure Media
The Sun Will Rise Foundation
Uplift Provisions Co.
Voices of Hope and Recovery (SEEDS)
Westbrook Middle School
Whitman Knights of Columbus

TREATMENT PARTNERS

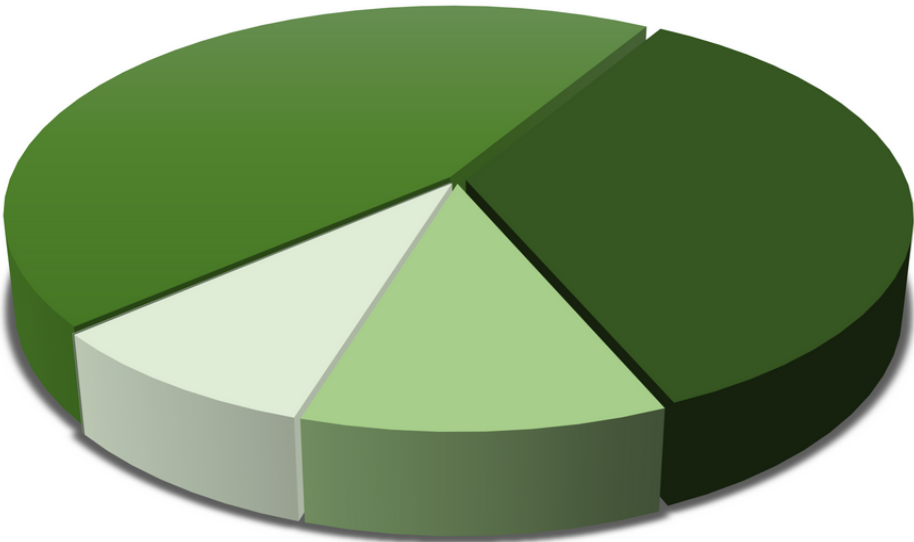
412 Inc. - Allston Street
Aletheia House
Atlantic House
Beacon Sober Living
Chestnut Street Sober Living
Dirigo Sober Living
Fox Run Sober Living
Helm Recovery
HOW House
Lighthouse Recovery
Merrimac Street Sober Living

Michael's House
Mission House for Women
Ocean House Sober Living
Oxford House
Park Place
Plymouth House Extended Care
Portland Sober Living
Providence Place Sober Living
Providence Retreat
Sober Sisters Recovery
Steve's Place
The Landing Recovery Home

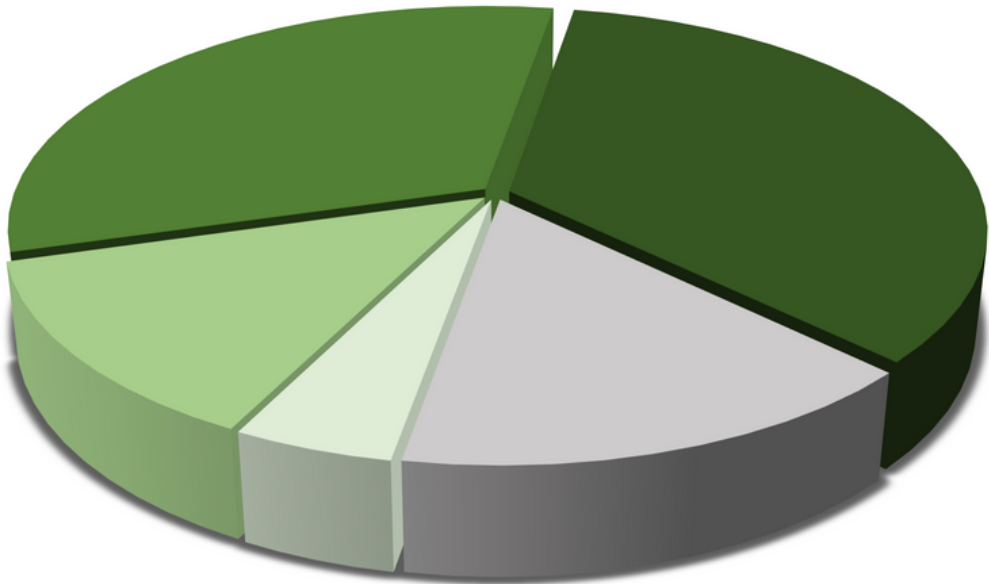
FINANCIAL HIGHLIGHTS

REVENUE

Donations	\$259,863
Fundraising	\$202,571
Sober House	\$64,675
Grants	\$51,000
Interest on Bank Account	\$121
Total Revenue	\$578,230



■ Donations ■ Fundraising ■ Sober House ■ Grants ■ Interest on bank account



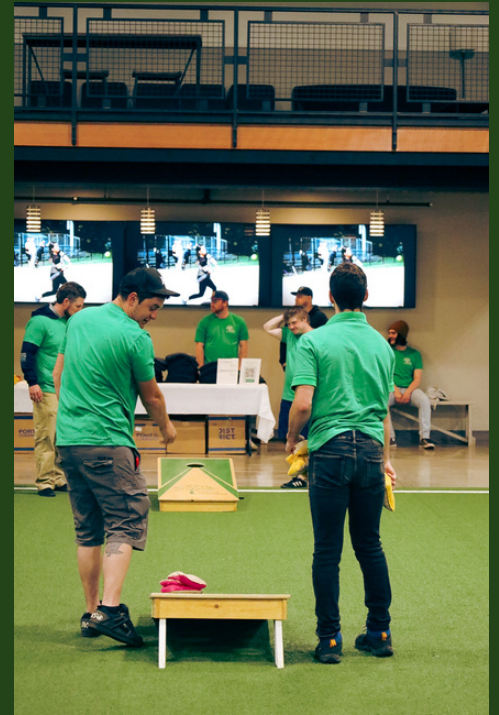
EXPENSES

Fundraising	\$24,777
Sober House	\$70,190
Programs	\$172,368
Payroll and fees	\$185,229
Administration	\$83,325
Total Expenses	\$536,325

■ Fundraising ■ Sober House ■ Programs
■ Payroll and fees ■ Administration

EVENT PICTURES

10TH ANNUAL SPRING FUNDRAISER



EVENT PICTURES

SOFTBALL SUMMER CLASSIC



EVENT PICTURES

10TH ANNUAL MEMORIAL WALK



EVENT PICTURES

3RD ANNUAL FAMILY RETREAT



2024 Events

Community Appreciation Event

February 10 - The Point Community Center - South Portland, Maine

Big Book Workshop for Families

March

11th Annual Spring Fundraiser

April 27 - The Point Community Center - South Portland, Maine

4th Annual Family Retreats

Adelynrood Retreat and Conference Center - Byfield, Massachusetts
Spring - June 7-9 | Fall - September 20-22

Golf Tournament

June, 17 - Dunegrass Golf Club - Old Orchard Beach, Maine

6th Annual Softball Summer Classic

August, date TBD

11th Annual Memorial Walk

October, date TBD



OUR TEAM

STAFF

EXECUTIVE DIRECTOR

Eric Girard

PROGRAM DIRECTOR

Brittney Atamian

PROGRAM COORDINATOR

Rachel Solomon

MEN'S SCHOLARSHIP COORDINATOR

Mike O'Connell

WOMEN'S SCHOLARSHIP COORDINATOR

Sarah O'Donnell

PORTLAND SOBER LIVING PROGRAM DIRECTOR

Joshua Leonard

BOARD OF DIRECTORS

BOARD PRESIDENT - Karen Walsh

VICE PRESIDENT - Todd Grove

TREASURER - Stan Gavitt

SECRETARY - Courtney Carleo

Don Harrington

Jon Cross

Marissa Richardson

Linda Drukman

JP Kenn

Ben Coffin



Walk
disease of addiction

Gay Henderson
 ethan pol
 DONNIE
 HAIDER
 Robby Walsh
 Josh Hayes
 misty Blue
 Phillip Morse
 Renalto Perfetti
 RH Thiffault
 Rick McCole
 Ricky Giacoppo
 Ryan Dymont
 Ryan Gilligan
 Ryan Mathieu
 Shane F. Darley Jr.
 Shawn Buzzell
 Stephen Benson
 Stephen Corelle
 Stephen McCarthy
 Stephen Pesce
 Taylor Simpson
 Tim Ochtera
 TJ Goff
 Tony Valley
 Travis Paul Buckless
 Tyler Adams Merola
 Tyler King
 Tyler Pressley
 Victor Silva
 Zachary Gys
 Dusty Morris

Kay Eichelberger
 Ben Dupont
 Sean Leggett
 CHRYL LANE
 David Folsom
 Lisa Cole
 Justin

Address:



CONTACT US

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