

2024

ANNUAL REPORT



The Family Restored

631 Stevens Ave, Suite 205
Portland, Maine 04103

thefamilyrestored.org
(207) 387-0015



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The Family Restored is working to strengthen and support families affected by addiction. From our weekly family support groups to treatment scholarships for their loved ones, we consistently center families and their needs.

EXECUTIVE DIRECTOR'S MESSAGE

Dear Friends and Supporters,

As we reflect on this past year, we are filled with immense gratitude for the community support that has allowed The Family Restored (TFR) to continue fulfilling our mission: to strengthen and support families affected by addiction. Now in our 11th year, we remain deeply invested in helping individuals access addiction treatment and to walk alongside the countless families impacted by this devastating disease.

At TFR, we recognize that addiction is a family disease—its ripple effects touch every member of the family, often bringing pain, confusion, and fear. In response, we continue to expand and deepen our services, including weekly family support groups, one-on-one peer family coaching, educational workshops, retreats, and grief support programs. These offerings are designed to bring healing and connection to those who too often suffer in silence.

Through our Treatment Scholarship Fund, we continue to reduce financial barriers for those seeking treatment and actively advocate within the community for access to 12-step, abstinence-based recovery. In doing so, we uplift our many treatment partners who remain dedicated in their commitment to this vital approach to recovery.

TFR has always been a grassroots organization—community-supported and community-focused. None of this would be possible without our devoted and faithful volunteers, peer facilitators, donors, and partners. Whether you have supported TFR by giving financially, volunteering your time, or sharing your talents, please know that you are an essential part of our mission. You bring hope to families in crisis and empower individuals to reclaim their lives.

On behalf of our team and the families we serve, thank you for partnering with us on this crucial mission. Together, we are restoring families, transforming lives, and building a community of lasting recovery.

With gratitude,

Eric Girard & The Family Restored Team



Believing recovery is possible, our mission is to strengthen and support families affected by addiction.

2024 AT A GLANCE

FAMILY PROGRAMMING

14 Family Members

attended our annual family retreat

21 Family Members

have attended our 12 Step Workshops for affected others

30 Family Members

have attended our Peer Grief Support Groups



125+ Family Members

attend our weekly Family Support Groups



11 TRAINED FAMILY PEER COACHES have provided **45 FAMILY MEMBERS** with **391 HOURS** of direct coaching during **457 1-on-1 sessions**

11 Family Support Groups

occur weekly in Maine, Massachusetts, New Hampshire, Vermont and virtually

RECOVERY PROGRAMMING

MORE THAN

\$124,485 in treatment and recovery housing scholarships

was provided to **108** individuals seeking recovery



Guests have stayed at our men's sober living residence - **Portland Sober Living**

EDUCATION AND OUTREACH



123

Family Members attended our educational Workshops educating attendees about effective family support

VOLUNTEERS

FAMILY SUPPORT GROUP FACILITATORS

Falmouth, Maine: Matt Leighton, Kevin Grace & Brian Keegan

Portland, Maine: Molly Kelly, Noreen McNamara, Steve Hardy & Ashley Dacey

South Portland, Maine: Tracey DiPietro, Mike Boland, Aidan Driscoll, Slade Maul, Billy See & Alice Loubier

Fryeburg, Maine: Rachel Solomon & Eric Girard

Concord, New Hampshire: Ryan Salvaggi, Natasha Bowden & Geno Richards

Duxbury, Massachusetts: JP Kenn, Vanessa Falcone

Milton, Massachusetts: Ernie Vega, Sarah O'Brien, Derek Kenney

Stoneham, Massachusetts: Ben Coffin, Jessica Beets, Casey Orkney

Burlington, Vermont: Andrew Juhasz & Corey Owen

Virtual: Matt Emkey, Shane Salvaneli, Cole Carey, Ethan Grove, Kai Bry, Kaylynn Perkins, Zoher Ghogawala, Bill Raftery, Anne-Marie McClintock, Madison Esposito, Will Atamian, Jake Genereux & Paige Wright

COMMITTEE MEMBERS

Scholarship Committee: Eric Girard, Brittney Atamian, Mike O'Connell, Sarah O'Donnell, Kara Shamsi, Cherie Garrison, Molly McClure, Slade Maul, John Scanlan, Steve Hardy, Dan Spencer, Eric Mason & Katie Haverty

Spring Fundraiser Committee: Brittney Atamian, Eric Girard, Karen Walsh, Karen Packhem, Don Harrington, Jini Harrington & Jaymie Chamberlin

Softball Summer Classic Committee: Mike Boland, Courtney McGrane, Tesla Bartone, Eric Girard & Brittney Atamian

Memorial Walk Committee: Eric Girard, Brittney Atamian, Don Harrington, Jini Harrington, Karen Walsh, Ben Coffin, Rachel Solomon, Mary Grove & Mary Gentleman

Community Appreciation Event: Marissa Richardson, Don Harrington, Josh Leonard, Brittney Atamian & Eric Girard

Family Support Group Committee: Karen Walsh, Will Atamian, Ben Coffin, Mary Grove & Don Harrington & Rachel Solomon

Fundraising Committee: Eric Girard, Karen Walsh, Ben Coffin, Don Harrington & Todd Grove



WHAT WE DO

Believing recovery is possible, our mission is to strengthen and support families affected by addiction.

FAMILY PROGRAMMING

The Family Restored Support Groups

The Family Support Group is an interactive and educational support group for families navigating a loved one's addiction. Family members have the opportunity to ask questions, discuss their concerns, and build community with other families in a supportive and non-judgmental environment. Meetings are facilitated by people in recovery who provide a unique and insightful first-hand account of addiction. They

provide an honest perspective on how to approach addiction and strive to inspire hope. The Family Restored has partnered with The Sun Will Rise Foundation to offer grief support groups to anyone who has experienced the death of a loved one due to substance use (drug/alcohol) or overdose.

Educational Sessions for Families

The Family Restored offers regular Educational Sessions for family members affected by addiction. Every six weeks, a new presenter covers topics such as addiction education, supporting a loved one's recovery, and self-care for families. We also host a 12-Step workshop 1-2 times a year, where individuals in long-term recovery guide families through the first few chapters of the Alcoholics Anonymous book over four weeks. This series helps family members experience the steps for themselves.



Family Retreats

We believe that helping families create bonds with other families is paramount to their recovery. Our family retreats allow family members to spend positive time together, practice self care by taking a weekend for themselves in a supportive environment, and re-learn who they are independent of their loved one.

Family Peer Coaching

We aim to give family members support in becoming empowered to make their own wellness a priority. We believe that in supporting the entire family unit, recovery is possible.

This program matches family members who are seeking support with a peer coach who will work with them one-on-one. We provide the training program for family members who are interested in becoming a peer coach, and supervision and continued training is offered for coaches over the course of their commitment. The role of a peer coach is to support a family member in their own recovery path, goals and wellness plan.

“ My TFR meeting is a valuable part of my life. I get support, have friends who ‘get it,’ and am so inspired by the wonderful people who have overcome terrible experiences and have so much hope. Thank you for making these meetings available.

“ The opportunity to work with a peer coach was an amazing experience. It was very helpful to me in terms of learning ways to navigate the difficult road of loving and supporting (not enabling) my son who is struggling with addiction. TFR and my faith have really given me a sense of hope for my son, and that makes all the difference for me.

RECOVERY PROGRAMMING

Scholarships for Treatment and Recovery Housing

The Family Restored scholarship program was founded to provide housing and treatment opportunities for those seeking 12-step, abstinence-based treatment. Secure, stable housing remains one of the biggest barriers to recovery, especially for people who choose a pathway of 12-step, abstinence-based treatment, which traditional insurance does not always cover.

In 2024 TFR awarded \$124,485 in scholarships to 108 individuals seeking recovery.

“ I was granted a scholarship to be allowed into a 12 Step structured sober house through TFR. I had no other way of finding my way into a program like this as I was homeless and without outside financial support of any kind. I was hopeless and dying out there in my addiction. I feared I wouldn't make it out of the seemingly endless struggle.

This scholarship allowed me to start a new life in recovery. Today, thanks to The Family Restored...I have hope, joy and gratitude. None of this would be possible without the help I received. Although my journey has just begun, I have been pulled out of the depths of despair with a chance to grow and rebuild in ways I didn't know were possible.

I am so eternally grateful to TFR for this opportunity and sincerely hope others too are given this opportunity you have granted me. I am not the only one in this position and I look forward to giving back what I have received.

Portland Sober Living

Portland Sober Living has earned a reputation of providing over 8 years of high quality, 12-Step focused recovery housing in Portland, Maine. PSL is a 10-bed facility that offers structure and accountability to help motivate residents to grow towards their personal and recovery goals. We emphasize mental, physical, and spiritual transformation through a 12-Step experience in order to achieve a fulfilled, long-lasting life in recovery.



MAJOR DONORS & TREATMENT PARTNERS

MAIN SPONSORS & COMMUNITY PARTNERS

An Angel's Wing
Bath Rotary Club
The Capron Family
The Coakley Family
Coastal Healthy Communities Coalition
Daniel Smith
Don Foshay's Tires and Alignment
Eastpoint Christian Church
Celia Lipton Farris & Victor F. Farris Foundation
Eileen & Austin Farrar
Falmouth Rotary Club
The Gentilcore Family
Groom Construction Co.
The Grove Family
The Harrington Family
Heather Durgin Photo
Jamie Rose Creative
Journey Magazine
Kennebunk Police Department
The Koocher Family
Macka's Mission
Maine Association of Recovery Residences

Maine Community Foundation
Mary Grove Coaching
Midcoast Hospital
Narragansett Number One Foundation
Pequawket Valley Health Initiative
Portland Elks Lodge No. 188
Portland Public Health Department
Portland Recovery Community Center
The Reali Family
Rebecca Gonzales, C.P.A.
Ricky Inc.
Rowe Ford Westbrook
Saco Biddeford Savings
Sacopee Valley Health Center
Sam L. Cohen Foundation
South Portland/Cape Elizabeth Rotary Club
Structure Media
The Sun Will Rise Foundation
Uplift Provisions Co.
Voices of Hope and Recovery (SEEDS)
Westbrook High School
Whitman Knights of Columbus

TREATMENT PARTNERS

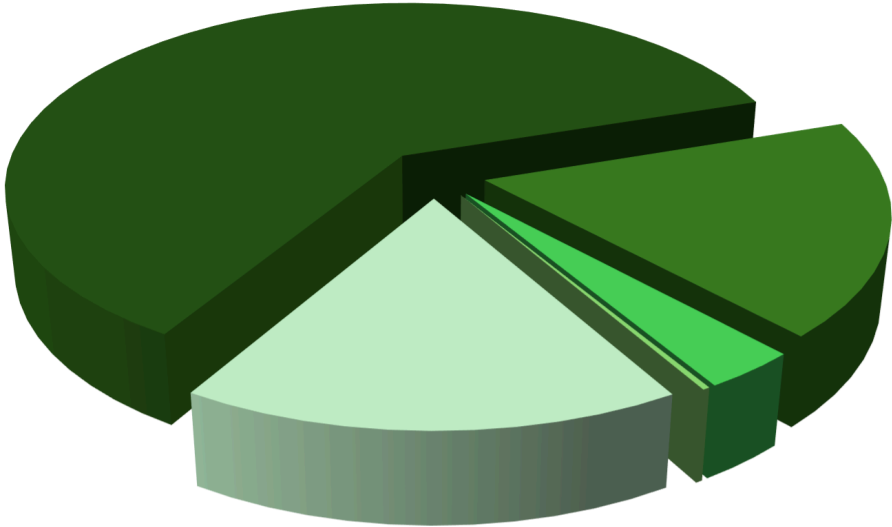
412 Inc. - Allston Street
Atlantic House
Beacon Sober Living
Chestnut Street Sober Living
Dirigo Sober Living
Evara House
Helm Recovery
HOW House
Lighthouse Recovery
Merrimac Street Sober Living
Michael's House
Mission House for Women
Ocean House Sober Living

Oxford House
Park Place
Plymouth House Extended Care
Portland Sober Living
Providence Place Sober Living
Providence Retreat
Saint Christopher's Recovery
Sober Sisters Recovery
Steve's Place
The Landing Recovery Home
The Transformation Project
Valdor House
The West House

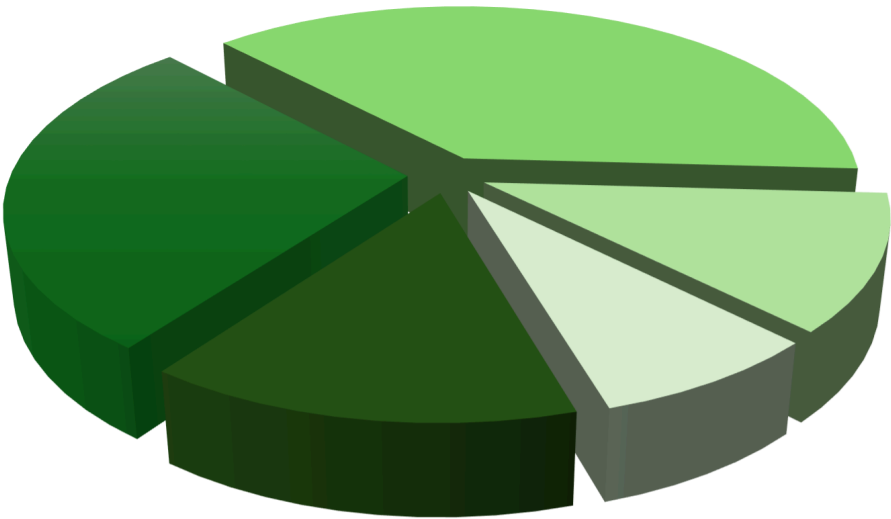
FINANCIAL HIGHLIGHTS

REVENUE

Donations	\$72,272
Fundraising	\$263,008
Sober House	\$78,500
Grants	\$14,000
Interest on Bank Account	\$1,078
Total Revenue	\$428,938



■ Donations ■ Fundraising ■ Sober House ■ Grants ■ Interest on Bank Account



EXPENSES

Fundraising	\$41,397
Sober House	\$76,596
Programs	\$146,035
Payroll and fees	\$198,276
Administration	\$60,729
Total Expenses	\$523,033

■ Fundraising ■ Sober House ■ Programs ■ Payroll & Fees ■ Administrative

EVENT PICTURES

11TH ANNUAL SPRING FUNDRAISER



EVENT PICTURES

1ST ANNUAL GOLF TOURNAMENT

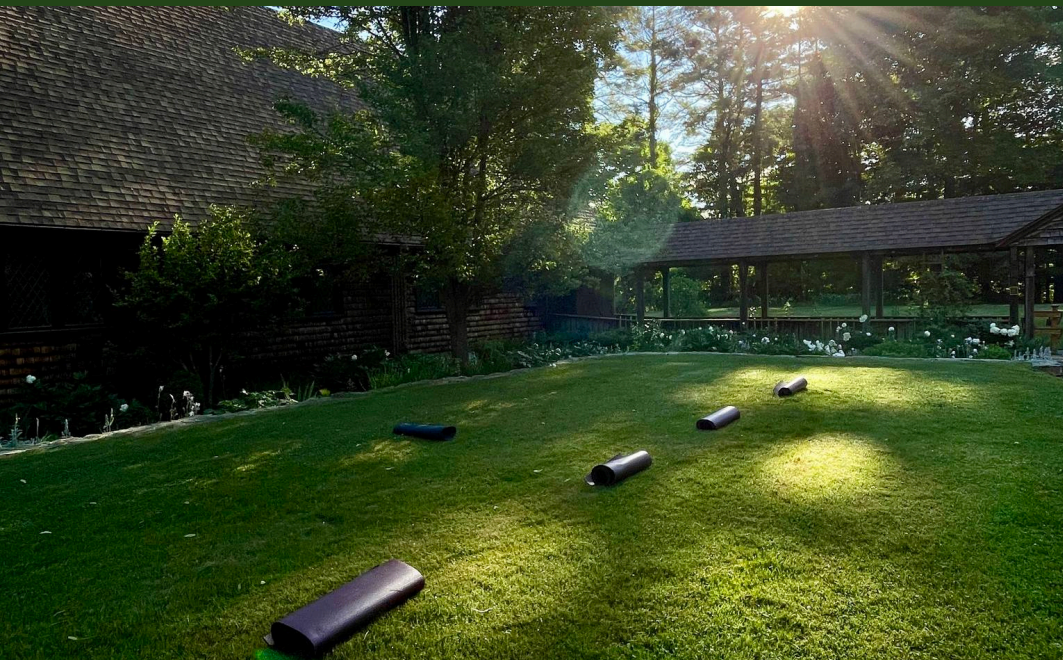


6TH ANNUAL SOFTBALL TOURNAMENT



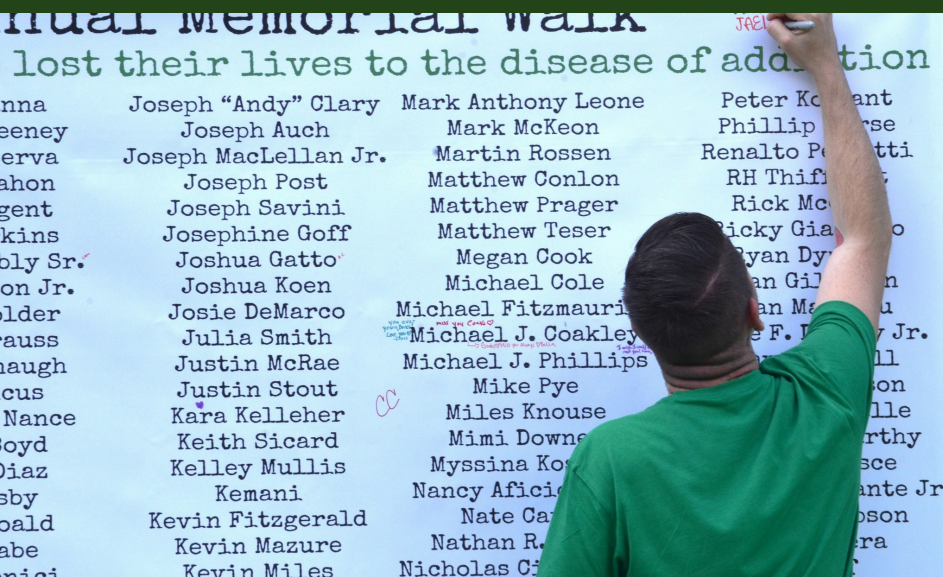
EVENT PICTURES

4TH ANNUAL FAMILY RETREAT



EVENT PICTURES

11TH ANNUAL MEMORIAL WALK



2025 Events

12th Annual Spring Fundraiser

The Point Community Center - South Portland, Maine

May 3

2nd Annual Golf Tournament

Dunegrass Golf Club - Old Orchard Beach, Maine

June 23

5th Annual Family Retreat

Adelynrood Retreat & Conference Center - Byfield, Massachusetts

June 27-29

7th Annual Softball Summer Classic

Wainwright Sports Complex - South Portland, Maine

July 26

12th Annual Memorial Walk

Mystic River Reservation, DCR - Medford, MA

October 11

OUR TEAM

STAFF

EXECUTIVE DIRECTOR

Eric Girard

DIRECTOR OF OPERATIONS

Brittney Atamian

PROGRAM DIRECTOR

Rachel Solomon

MEN'S SCHOLARSHIP COORDINATOR

Mike O'Connell

WOMEN'S SCHOLARSHIP COORDINATOR

Sarah O'Donnell

PORTLAND SOBER LIVING PROGRAM DIRECTOR

Joshua Leonard

BOARD OF DIRECTORS

BOARD PRESIDENT - Karen Walsh

VICE PRESIDENT - Todd Grove

TREASURER - Stan Gavitt

SECRETARY- Marissa Richardson

Mike Boland

Ben Coffin

Linda Drukman

Don Harrington

JP Kenn

Courtney Carleo

Jon Cross





Address

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