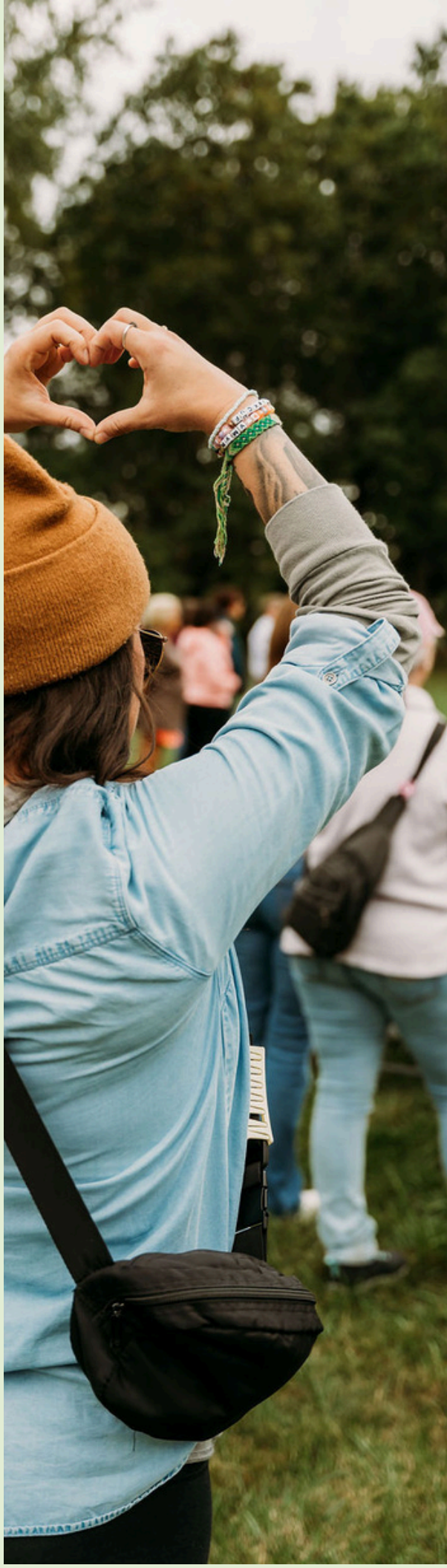




2025 Annual Report

Believing recovery is possible, our mission is to strengthen & support families affected by addiction.



Dear Friends and Supporters,

As we reflect on 2025, we are filled with gratitude for the generosity and encouragement of so many people who continue to walk with The Family Restored. Because of your support, we are able to provide hope, guidance, and practical help to families and individuals impacted by addiction.

*In 2025, our Treatment Scholarship Program reached a significant milestone, with more than **1,000 individuals** having received scholarship assistance since its inception. That milestone represents far more than a number. It represents more than 1,000 individuals given an opportunity to rebuild their lives, and families finding hope and healing along the way. It is a milestone shared by every donor, volunteer, partner, and supporter who has made this work possible.*

Every day, families reach out feeling overwhelmed, frightened, and unsure where to turn. We know addiction affects far more than the individual—it impacts parents, spouses, children, siblings, and entire support systems. That's why our mission remains focused not only on helping individuals find recovery, but also on strengthening the families who walk beside them.



Throughout the year, we continued to offer weekly family support groups, family peer coaching, educational workshops, grief support, and our annual retreat, creating safe spaces where families find understanding, encouragement, and hope. We also remained committed to reducing financial barriers to treatment, promoting the principles of 12-Step recovery, and partnering with treatment providers who share that commitment.

For more than a decade, The Family Restored has remained a community-driven organization. Our impact is made possible by people who believe recovery is possible and that no family should have to face addiction alone. As you read through this report, we hope you'll see the many ways your generosity made a difference throughout 2025. Thank you for continuing to walk alongside us. Together, we can continue strengthening and supporting families affected by addiction, one step at a time.

With gratitude,

Eric Girard
Co-Founder & Executive Director

PROGRAMS: FAMILY SUPPORT

Through our family support programming, The Family Restored helps affected others navigate the challenges, frustration, or pain they may experience while building resilience, increasing understanding, and finding community.

Family Support Groups



occur regularly in Maine, Massachusetts, New Hampshire, and virtually — where participants join from throughout the country

135+

family members and friends
attend each week

At the core of The Family Restored are our Family Support Groups—interactive, educational peer support groups designed for families coping with a loved one's addiction. Since 2011, these meetings have provided a place for families to connect with others who understand, gain insight into the realities of substance use disorder, and learn tools to support both themselves and their loved ones.

Facilitated by individuals in long-term recovery who share firsthand experience, our meetings offer honest perspectives on addiction, recovery, boundaries, and healing. Through peer connection, recovery resources, and guest speakers who share their own experiences, families gain a deeper understanding of the disease and practical strategies for navigating its challenges with compassion and hope.





OUR 2025 IMPACT LOOKS LIKE

11

different Family
Support Groups

500

total meetings
provided

44

Family Support
Group facilitators

According to our 2025 participant survey:

95%

would recommend
our meetings

92%

found a community
who understands

78%

improved health
& wellness

"This meeting saved me and my family. I can't tell you how grateful I am to this organization."

"When I went to my first Family Restored meeting I was broken, lost, scared, and afraid my son was going to die."

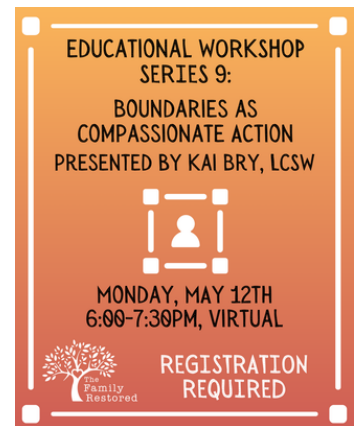
"The Family Restored was there for me when I needed them. They helped save my family"

Educational Workshops

Launched in 2024 and entering its second full year, the Educational Series offers workshops every six weeks led by professionals in the recovery and mental health fields. These free workshops provide families with practical tools, knowledge, and connection as they navigate a loved one's addiction.

2025 workshop topics included:

- Acceptance Theory
- Uplifting Families Through Grief and Substance Use
- Developing a Recovery Contract
- Boundaries as Compassionate Action
- Mother-Daughter Makeover
- Exploring Family Roles
- Reclaim Your Calm
- Healing Yourself While Supporting a Loved One



"In our Family Support Meetings and Family Peer Coach Program, facilitators and coaches reported that these educational workshops were creating meaningful conversations among family members and generating a lot of insights. Coaches are granted access to all workshop materials and use them to educate and advise their coachees." - **Rachel Solomon, Program Director**

OUR 2025 IMPACT LOOKS LIKE

8

educational
workshops held

86%

rated workshops
helpful or very helpful

200

unique individuals
attended workshops

*"When I first discovered The Family Restored, my family life was chaos. The weekly meetings, special **workshops**, and extra support I received from other people who attended and from staff truly changed my life!"*

Family Peer Coach Program

Launched in 2023 to address the need for more individualized support, The Family Restored's Family Peer Coach Program connects family members navigating the challenges of addiction with trained peers who have firsthand experience and understand the complexities of the journey.



In partnership with **Mary Grove Coaching**, the program trains long-standing members of our community to serve as peer coaches, providing one-on-one guidance, encouragement, and accountability to families seeking support. Coaches receive initial training, ongoing supervision, and continued education throughout their commitment.

Family Peer Coaches help individuals identify personal goals, strengthen their own wellness and recovery path, and develop tools to navigate the challenges of loving someone with a substance use disorder.



OUR 2025 IMPACT LOOKS LIKE

49

*family members
received coaching*

15

*trained peer
coaches*

305

*one-on-one
coaching sessions*

According to our 2025 participant survey:

- **83% decreased** stress levels
- **89% increased** satisfaction with their family relationships
- **94% increased** their ability to communicate with family members
- **83% increased** their ability to make time for and engage in self-care
- **94% increased** confidence in navigating difficult situations

Annual Family Retreat

Recognizing the value of having time and space to pause, reflect, and recharge, The Family Restored launched its annual Family Retreat in 2021 for families impacted by addiction.

The retreat offers a weekend of self-care, fellowship, and personal growth through workshops, meditation, yoga, reflection, shared meals, time in nature, and meaningful connection. Open to family members impacted by substance use and participants in our Family Support Groups, it provides a supportive space to recharge and focus on well-being.

Over the years, **60 family members** have participated, and we look forward to continuing to expand this opportunity in the future.



OUR 2025 IMPACT LOOKS LIKE

385

*minutes spent
in meditation*

100%

*of attendees felt
supported*

165

*volunteer hours
provided*

"I truly can't say enough about the profound impact this retreat has had for me in all ways."

Grief Support



Since 2023, The Family Restored has partnered with **The Sun Will Rise Foundation** to offer a Peer Grief Support Group for those who have lost a loved one to substance use. Recognizing the unique challenges of this type of loss, the group provides a space where participants can connect with others who understand, share stories, honor the memories of their loved ones, and find hope, support, and compassion in community.

Feedback collected by our partner, The Sun Will Rise Foundation, across its grief support programming highlights the value of:

- **Shared understanding** *connecting with others who understand the experience of losing a loved one to substance use.*
- **Feeling less alone** *hearing others' experiences can help normalize grief and reduce isolation.*
- **A safe, supportive space** *creating an environment where participants feel seen, heard, and understood.*

OUR IMPACT LOOKS LIKE

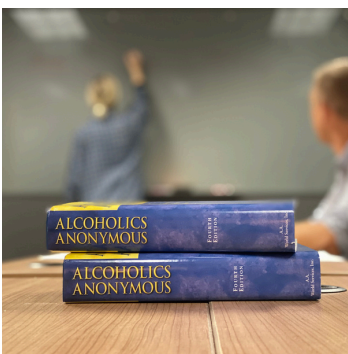
15

*People
Attended
in 2025*

67

*People
Attended
since 2023*

12-Step Workshops



Since our earliest days in 2011, The Family Restored has offered free, intensive 12-Step workshops designed specifically for family members affected by a loved one's substance use. These workshops introduce participants to the 12-Steps as a framework for their own growth and well-being. Through this process, family members are encouraged to work toward their own healing and develop tools to care for themselves.

OUR IMPACT LOOKS LIKE

10

*Participants in
2025*

"It's amazing how much a loved one's addiction parallels an addict's as well. Our addictions and behaviors are similar but focus on different things."

PROGRAMS: RECOVERY SUPPORT

Treatment Scholarship Program

Founded in 2014, The Family Restored's Treatment Scholarship Program was created to help remove financial barriers to treatment and recovery housing for individuals pursuing a 12-Step pathway of recovery. What began with a goal of raising \$10,000 to provide scholarships for 10 people annually has grown into a program that has now provided **over \$1.2 million in scholarship assistance** and helped more than **1,000 individuals** access recovery opportunities.

Through scholarship assistance and a network of trusted 12-Step treatment and recovery housing partners, The Family Restored helps connect people with care, support, and stability to begin their recovery journey.

OUR 2025 IMPACT LOOKS LIKE

“Addiction is a disease that nearly destroyed my life. But, recovery has given me a path forward, and The Family Restored has helped lay that path under my feet when I didn’t know where to turn.

Because of you, I have a safe, sober, supportive environment where I can continue to grow, heal and show up for my daughter and my future.

Thank you from the bottom of my heart for making this possible since leaving rehab. Your support means everything to me. ”

98

Scholarships
Provided

\$104,235

Awarded in
Financial
Support





Portland Sober Living



Founded in 2017, Portland Sober Living is a 10-bed men's recovery residence in Portland, Maine, providing structured, supportive housing for individuals pursuing a 12-Step pathway of recovery.

Residents are encouraged to build accountability, develop healthy routines, and work toward their personal and recovery goals while building community and creating a foundation for continued growth.

The Family Restored acquired Portland Sober Living in 2022, expanding our continuum of recovery support. Today, Portland Sober Living is certified as a **Level II recovery residence** through the Maine Association of Recovery Residences (MARR) and continues to provide high-quality recovery housing for men seeking long-term recovery.

OUR 2025 IMPACT LOOKS LIKE

22

Total
Residents
Served

175

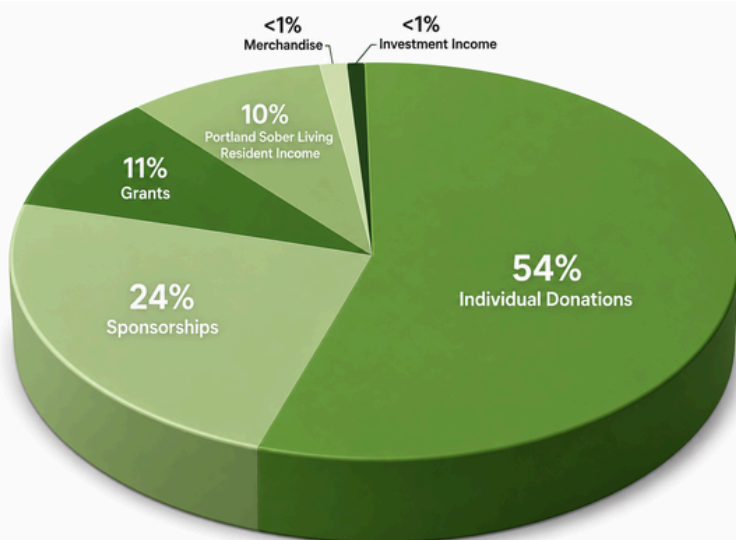
Months of
Housing
Provided

8

Average Length
of Stay
in Months



FINANCIAL HIGHLIGHTS

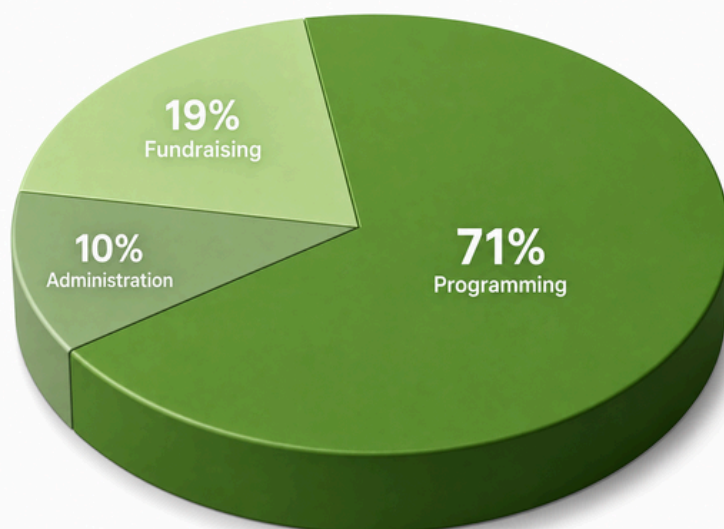


REVENUE

Grants	\$60,000
Individual Donations	\$288,046
Sponsorships	\$127,500
Merchandise	\$1,078
PSL Resident Income	\$54,550
Investment Income	\$2,450
Total	\$536,312

EXPENSES

Programming	\$363,298
Administration	\$51,169
Fundraising	\$97,221
Total:	\$511,688



The Family Restored is committed to the responsible stewardship of every gift entrusted to us. Through the generosity of our donors, our programs remained free and accessible in 2025, providing education, support, and hope to families and individuals impacted by substance use.

We are committed to transparency and accountability in our financial practices.

The Family Restored follows nonprofit budgeting guidelines and reporting best practices through GuideStar and Charity Navigator.

THANK YOU

MAJOR DONORS & SPONSORS

Justin Barrett
Bishop Medical Group
John & Dani Buro
Wally & Patti Camp
Chris & Jo-Anne Capron
Gael & Karen Coakley
Developers Collaborative
Tanya Mendis Davenport
Don Foshay's Discount Tire & Alignment
Austin & Eileen Ferrar
James & Hannah Gentilcore
David & Gisele Girard
Isaiah Goldman
Todd & Mary Grove
Groom Contruction
Guardian Recovery Network
Don & Jini Harrington

James & Mary Highland
Christopher & Susan Kanaga
Aronson Kobacker
Knights of Columbus - Whitman, MA
Scott & Alise Koocher
Liberty Bay Recovery Center
Jay & Kathy Lowery
Edward McCabe
Richard McGoldrick
The Mendis Family
Millennium Companies
Craig & Judith Murphy
David Ross
Rowe Ford Westbrook
Daniel Smith
Lenny Smith
Unum

GRANTS

Eastern Bank Foundation
Falmouth, ME - Social Services
Fisher Foundation
Maine Health Access Fund
Narragansett Number One

Portside 1% Fund
Sam L. Cohen Foundation
South Portland - Cape Elizabeth Rotary
Town & Country Federal Credit Union
Town of Boxford - ORF Grant

TREATMENT PARTNERS

412 Inc - Allston Street
Atlantic House
Beacon Sober Living
Cecil's Place
Dirigo Sober Living
Evra House for Women
Helm Recovery
H.O.W. House
Lighthouse Recovery
Michael's House

Mission House
Ocean House
Plymouth House Extended Care
Portland Sober Living
Providence Retreat
St. Christopher's Recovery
Steve's Place
The Landing Recovery Home
Transformation Project
Valdor House & Morning Star

VOLUNTEERS

MEETING FACILITATORS

Paige Aherns	Brian Keegan
Jess Beets	Derek Kenney
Mike Boland	JP Kenn
Natasha Bowden	Deidre Koenen
Dillon Brabants	Matt Leighton
Katelyn Briggs	Slade Maul
Alexandra Boylan	Barbara McCabe
Cole Carey	Anne-Marie McClintock
Blair Churchill	Melina McGeoghean
Ben Coffin	Noreen McNamara
Molly Crehan	Pat McDonald
Joe Curran	Jess Molleur
Tracey DiPietro	Casey Orkney
Aidan Driscoll	Sarah O'Brien
Matt Emkey	Kaylynn Perkins
Madison Esposito	Ryan Salvaggi
Theo Fox	Shane Salvaneli
Zoher Ghogawala	Kevin Schoenholz
Jake Genereux	Ernie Vega
Kevin Grace	Chris Whitaker
Ethan Grove	Mary Whitaker
Steve Hardy	Danny Wilson

PEER COACHES

Margie Blansfield	Sue Leighton
Roxanna Brophy	Janet Oullette
Jaymie Chamberlin	Steve Piro
Laura Deely	Cynthia Quinn
Mary Grove	Emily Smith
Jini Harrington	Ali Stevenson
Robin Kelce	Martha Tole
Brittany Levasseur	Wendy Ward



We are deeply grateful to every donor, sponsor, foundation, treatment partner, volunteer, and community member whose generosity makes this work possible. Your support strengthens families, expands access to treatment and recovery housing, and helps restore hope.

OUR 2025 TEAM

THE FAMILY RESTORED STAFF

CO-FOUNDER & EXECUTIVE DIRECTOR

Eric Girard

DIRECTOR OF OPERATIONS

Brittney Atamian

PROGRAM DIRECTOR

Rachel Solomon

MEN'S SCHOLARSHIP COORDINATOR

Mike O'Connell

WOMEN'S SCHOLARSHIP COORDINATOR

Sarah O'Donnell

PORTLAND SOBER LIVING DIRECTOR

Joshua Leonard

BOARD OF DIRECTORS

BOARD PRESIDENT - Karen Walsh

VICE PRESIDENT - Todd Grove

TREASURER - Stan Gavitt

Mike Boland

Ben Coffin

Linda Drukman

Marissa Dodge

Don Harrington

JP Kenn



JOIN US!

*Together, we will continue strengthening and supporting families affected by addiction. Your generosity helps keep our programs free and accessible — with 88% of our funding coming from individuals and local businesses! As we look ahead, we invite you to make a gift, volunteer, attend an event, refer a family, or simply share The Family Restored with someone who needs **hope**.*



CONTACT US



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